**Script for Week 7 LTCL**

***(Note: On video, Craig is teaching Becky’s part; Laurena is teaching Craig’s)***

***After Welcome and prayer***

**Nametag exercise 5 min total Becky (:30 teaching)**

At PurposeWorks, we help people who are looking for a new job craft their elevator pitch, that 30 sec. introduction of yourself that you use in networking, meeting people, etc. It’s usually some form of what they do and how they make an impact.

Since part of our mission statement is in some way a service to others, or how we are going to impact the God’s kingdom, we thought another good application to help your mission statement really sink in is to have you think about what would your name tag be if it looked like this?

Here’s Craig’s

And Here’s what mine would be

You can go ahead and fill one out for yourself, then share it with your table.

We’re only giving you a couple minutes to work on this.

*Ask for a couple volunteers to share theirs with the group.*

***Craig – Group Discussion to Adjustments***

**Run Your Race 1:30 Becky**

One of the adjustments we need to make as we seek to live out our calling is to be sure that we are living with intentionality. The Bible talks about living intentionally in these verses in Hebrews.

“Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.”

Running a race…Have you ever been to a track meet? There are usually a number of different events going on at one time. They are all good events, but you can’t participate or even watch them all at the same time. You need to stay focused to enjoy the event in front of you. The runner needs to be able to focus on their race, keep their heads down, usually stay in their lanes and RUN.

The scripture also validates that there can be things that can hinder us. They aren’t necessarily bad things or the sin that entangles us, but they can get us off course. Like the other events at a track meet, they are all good events, but a runner can’t be concerned about those during their race. They must fix their eyes on the goal alone.

And as we run our races, our eyes must be fixed on the goal of Jesus and living our lives for Him. Not anyone else’s race, just the one that God has given to us.

**Landy / Bannister Race = 1 min Becky**

Have you ever heard on John Landy? [Roger Bannister](http://en.wikipedia.org/wiki/Roger_Bannister) was the first man in the world to run a mile in under four minutes and the following month, [John Landy](http://en.wikipedia.org/wiki/John_Landy) broke that record by 1.4 seconds.

They set out to race together in what was called the “Race of the Century.”

As Bannister and Landy turned for the last lap, Landy was ahead and looked certain to win, but as he neared the finishing line, he lost focus, getting worried about Bannister’s position. He couldn’t take it any mor,e so he finally looked back over his shoulder, and as he did, his stride faltered and Bannister passed him to win the race.

Landy later said, **“I would have won the race if I hadn’t LOOKED BACK;**
**if I hadn’t taken my EYES OFF THE GOAL,”**

They actually crafted this statue of the race and Landy is quoted as saying,  **“While Lot’s wife was turned into a pillar of salt for looking back,
I am probably the only one ever turned into bronze for looking back.”**

**Stop, Start, Continue 1:40 Becky**

We also want to run our races well and keep our focus, so let’s talk about things that can hinder us.

There are many really great things out there to spend our precious commodities of our Time, Treasures and Talents on, but the truth is we are not called to do them all. We need to discern what God is calling us to stop doing, what is He calling us to start doing, and what is He calling us to continue doing. This is called the Stop, start, continue evaluation model.

It became very important to me to share this concept with you as you develop your life calling plan because of an experience I had in a similar class. We had learned some really great insights about ourselves and where God was calling us, but at the end of a course, we were given a page with a number of different categories on and the expectation that we were going to add new things to each and every category. There was no discussion on assessing what the good things we were already doing or if we were doing anything we should stop. Now the truth was I had 2 young kiddos, my hubby and I were leading a small group that actually had 38 people in in or the Terry church plant as it was called, I was leading a women’s bible study group, mentoring and being mentored. And at that time, we were expected to call all the members in our small group and in my ladies’ bible study groups each week! As I stared at that blank page, my anxiety levels went through the roof. How could I add more to my already over full plate? I usually like to be obedient, but I felt some rebellion welling up.

 So instead of just adding to your overfull plate, let’s have you assess what all you are doing with the stop, start continue concepts in mind.

 **Stop, Start, Continue Worksheet 2:15 Becky**

Turn to Page 53 in workbook. Now it’s time to put this into action. We want to help you get very practical and focus on the here and now of your 8 callings. What do you need to Stop, Start or Continue in each area?

**Keep up the great stuff** – if you are being called to continue.

And sometimes there are things, even good things, that **we need to stop** in order to move closer to God’s divine direction.

If you’ve found that you marked either low development or low satisfaction on any area when you completed the Life Calling Wheel assessment or you **need to grow** in that area, perhaps you need to do something new there.

All really takes **prayer** over each piece. I really appreciate when I am asked to do something and encouraged to pray about it. If they don’t encourage it, then I tell them that’s what I’ll do.

If you need help coming up with some ideas for starting, be sure to use the **Suggested Growth Points**, page 54-55 in workbook. This is a tool designed to give ideas of some ways to grow in each of the different areas.

Remember: Our goal is not to just add more things to your overfull “To Do” list. Instead, we want you to **prayerful look over everything you** are currently doing in your life and determine if you should continue or stop that effort.

Once you’ve cleaned out some off the non-essentials, then you are in a position to realistically look at what you need to start to grow and bring you closer to you mission.

A lost art in our current culture, at least pre-COVID and it’s crept back up is a serious lack of margin. We know we need margin and without it we can’t take advantage of some of the last-minute ways that God is showing us he is working. I recall one week when my hubby and I had an opportunity to do a last minute get together with someone who is on our “FRANC” list. I honestly was feeling really stressed out, overwhelmed with my do list and didn’t want to do it. But he talked me into it, and during that time with our friend, we were able to share Jesus, how He is working in our lives and marriage and hear more of his story. I need to be brutally honest with myself on how I am spending my time to be sure I’m keeping myself open with enough margin to join God in His work.

**Jean’s tree 1 Becky**

I really appreciated this illustration from the book *Calm My Anxious Heart* where a woman they profile named Jean also pictures her life as a tree to maintain focus in the grind of daily living. Hers is a little different than our oaks in that the trunk represents her relationship to Christ and the limbs represent major areas of God-given responsibilities such as family, job, ministry (think of our 8 areas of the life calling wheel). The branches are the activities and opportunities of life. Sometime the activities mushroom and multiply obscuring the trunk and limbs. For Jean living with a focus means that she has to prune her tree. 3 or 4 times a year she spends a half day retreat with the Lord where she lays her tree out before the Lord and asks this key question, “Lord at this point in my life, what must I do to keep my relationship with you vital? To what do you want me to say yes and to what do you want me to say no?”

So that is what we are asking you to do now.

*12 min to to work on. Refer back to Wheel assessment and Wheel itself*

**Quote on Intentionality 1 Becky**

Whew! You have done so much work in the last 7 weeks! Do you feel good about it? I hope you do! Even if you still have work to do and feel behind in some areas, I’m sure you can say you’ve made progress in drawing closer to the Lord and hearing from him than when you first walked through the doors of this course.

This is a calling class and we’ve spent lots of good time on your purpose, divine design and mission, but like I talked about last week, we don’t want to just have done these exercises to do them and then put them on a shelf. We want you to live them out, to be intentional in every area of your life.

This quote does a good job of summarizing what we’re going to talking about for the rest of the evening’s teaching.

*“Your calling goes far beyond simply learning your purpose and mission. It includes a plan for intentional living in every area of your life.”*

**Putting it all together Puzzle**

We want to put all the puzzle pieces you’ve been working on and then establish a plan which will help you be intentionally in your daily life.

I have a friend named John who took this class and he had created a plan for intentional living. He calls it his “true north” and something he refers to frequently as he makes any important decisions in career, ministry or life.

**Life Growth Plan page 1:10 + - Becky**

Our way to help you think through living intentionally is with the Life Growth Plan on page 58 of your work book

Before I go over each of the boxes on this page and what you are to cover in it, I want you to notice it says page two. That’s because it will be combined with either your Oaks or Your boxes worksheets.

**Life Growth Plan Page 1 – Becky**

As a reminder of what they look like, I have them here side by side on the screen.

And you have a new version in tonight’s workbook again on pages 56 & 57.

You’ve already been working hard on this as those pages are a summary of much of the work you have completed already for the course.

One new thing that we’ve added to the boxes which is also included in the Oaks is a place for you to put some ideas of areas where you can “grow fruit” in both serving and in other areas of your life.

Consider this a brainstorming place of the options you are thinking about in all areas.

Consider either of these pages as your page one of your Life Growth plan and filling out those areas on these is one thing you’ll want to work on this week.

**Life Growth Plan page 2 - Becky**

So going back to Page 2, let’s talk through this in detail as the second part of your Life Growth Plan.

Box A is a place to make a summary of your stop, start, continue.

Write down the one key thing for each area- it may be a stop or continue. Or it may be to start something new. Refer back to what you’ve already worked on to choose the one thing that you think is your priority in that area.

Then in box B from those in Box A, choose your top 2 key action items you know you need to pursue right now. Life coaches and other behavior expert say that we can only focus with all our energy on a couple things at a time, so as a take away, we want you to choose what are your top two priorities of the 8 things in box A that you know needs your immediate attention. The way I like to describe this is what are your burning issues or pain points that you need to attend to in order to grow the way that God is calling you.

In box C, you are given an opportunity to share what is the ministry opportunity that you are going to pursue immediately. Now we know that in this room we run the gamut from people already serving in a number of areas, to those who are looking to embark on serving in an exciting new ministry opportunity. Just consider where you are now and what you are hearing from the Lord to pursue and put that down. Again, it can be more than one thing.

Finally box D allows you to include a vision of 5/10 year out plan. What has God put on your heart that can’t happen right now, but you know He’s working on (and you may be too?) This allows you to record those things and come back to them again as you review your plan. If you don’t have something to include in that area, that’s fine, but something may come to mind later that you can add.

**Instructions for Life Calling Reports 2– Becky**

These two pages of your Life Growth Plan will be your working documents for developing your final Life Calling reports in the class.

You will find your instructions for sharing your life calling reports on page 58 of tonight's handout.

As you can see there are two parts to your assignment. One will be a 5 minute report either in front of the group or at in your cohort and the other will be a written report that you turn in. Both are due next week.

You’ll see resources we suggest you use.

We’ve really laid out for you pretty clearly on the handout what we want all you to include. Which are all either on page 1 or 2 of your Life Plan.

1. Your mission statement - 30 sec
2. Key take-aways from your Oaks or Boxes Worksheet (page 1) – 1 min
3. 2 immediate areas of focus and priority for growth (Box B on Life Growth Plan – page 2) 1 min
4. My Ministry Opportunities (At least one area you are going to explore and commit to try) (Fruits on Page 1 & Box C on Life Growth Plan – page 2) 1 min
5. Long Term Goals (Optional) (Box D on Life Growth Plan – page 2) 1 min
6. Any other insights 30 sec – anything big God is call you to, etc. **(I came into the class thinking this, through key things from the book, exercises, etc., I’ve learned and heard from God X, and now I…Key thing God is telling you; major A-Has, etc.)**

For the written report, you will turn in page 1 & 2, and you also can simply take each prompt and complete it.

But we didn’t want to limit you if you had some creative ideas of making the report different if it would be more meaningful for you.

Look on pages 60-61 for a sample. You’ll note they did it in a different order than our numbers above, but it worked well for their story.

Ask for questions.

**Joanna video**

Let’s hear how Joanna did her report in last semester’s class.

**Relationship priority - Becky**

As we close out our teaching on your life plans, we wanted to share another reality check – another one of those tensions, but we think it’s worth the reminder.

*Remember, God is not calling you primarily to a task, but to a relationship. Through that relationship, God will accomplish His purpose through your life.*

While we’ve given you these tools which are tasks and yes, we’ve even given you assignments, we want to remind you of priority #1, which our book emphasizes over and over again. We’ve talked about this each week.

Your relationship with Him will actually make the assignment come together as you share where He is leading you.

So do the tasks, work hard on your plan, but never at the expense of your relationship with Christ! It is through that relationship that you will develop these which will reflect your God-given Masterpiece Mission.